

FOOD ITEMS (15 items max, no more than 3 of one item)

Saltine Crackers	Cheese Ritz
Mac and Cheese	Oreos mini pack
Cup of Noodles (Chicken) Ramen (chicken)	Fruit snacks Nutter butter cookies
Canned tuna	Ritz peanut butter bites
Nutri grain Breakfast Bars	Granola bars
Fudge mini cookies	Scobby Graham Crackers
Cheez its	Oatmeal (apple cinnamon, brown sugar maple, cinnamon spice)
M & M cookies	
Gold fish	Pringles
Fruit cup	Pudding
Canned vegetables	Canned soup
Other canned foods	

PERSONAL HYGIENE (8 items max, no more than 2 of one item)

Lotion	Razors
Conditioner	Sanitary Napkins (feminine pads)
Shampoo	Tampons (regular)
toothpaste	Body wash
Toothbrush (limited)	Shower caps

- Blankets are limited
- No towels available

WATER (3 waters per visit)

ATTIRE

Clothing	Shoes
<p>There are various clothing options. Specify you needs.</p> <ul style="list-style-type: none"> • Type of clothing (shirt, blouse, pants, skirt, etc.) • Size • Color • Style (professional, casual) 	<p>Various shoes are available.</p> <ul style="list-style-type: none"> • Size • Color • Style