

Criminal Justice Administration (CJA) 1004 Defensive Tactics and Weaponless Defense (1.5 Units)  
[Formerly Criminal Justice Administration 60; Police Science 60]

Prerequisite: This class is restricted to those individuals that are currently employed in the criminal justice system.

Total Hours: 24 hours lecture

Catalog Description: This course is designed to provide corrections officers, first line supervisors, and probation officers with advanced skills in the area of weaponless self-defense through refreshment and enhancement of skills developed in the Basic Core Courses. This course includes the application of handcuffing techniques. Strenuous physical activity is involved.

Text: None

Type of Class/Course: Degree Credit

Additional Instructional Materials: STC (Standards and Training for Corrections) approved teaching guides and outlines.

Course Objectives:

By the end of the course, a successful student will be able to

1. Demonstrate the low profile cuffing technique and alternate procedures for resisting inmates to gain control,
2. Demonstrate proper searching and cuffing techniques from the standing and prone positions,
3. Demonstrate the positions of advantage and escort and the techniques for advancing into control holds and come-a-longs,
4. Demonstrate the proper techniques of take downs and control holds,
5. Demonstrate take downs and control techniques involving combative inmates,
6. Demonstrate foot movement and balance stance, and
7. Demonstrate avoiding punches, strikes, and kicks

Course Scope and Content:

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| Unit I   | Review Safety Standards <ol style="list-style-type: none"><li>A. Stretching</li><li>B. Falling without injury</li><li>C. Tapout</li></ol>                          |
| Unit II  | Review of Use of Force Laws and Policies <ol style="list-style-type: none"><li>A. Review of use of force laws</li><li>B. Review of use of force policies</li></ol> |
| Unit III | Review of Low Profile Cuffing Techniques   |

- A. Low profile cuffing
- B. Alternatives for combative/resistive inmates

- Unit IV            Positions of Advantage
- A. How to escort without control holds
  - B. How to escort with control holds
  - C. How to escort with control holds and come-alongs

- Unit V            Searching and Cuffing
- A. Standing modified search and cuffing
  - B. Prone cuffing and search
  - C. Standing lower body search

- Unit VI           Takedowns
- A. Takedowns and control of inmates under adverse conditions
  - B. Takedowns and control of combative inmates

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 2 hours per week outside of the regular class time doing the following:

1. Studying
2. Skill practice
3. Completing required reading
4. Written work

Methods of Instruction:

1. Lectures and demonstrations by the instructor
2. Classroom discussion of specific problems
3. Student participation in skill improvement
4. Exercises- small groups or one-on-one instruction of techniques
  - a. Control holds
  - b. Searching
  - c. Cuffing
  - d. Takedowns
  - e. Come-alongs

Methods of Evaluation:

1. Students will be tested in accordance with the requirements of STC which may include:
  - a. Written examination (STC approved)
  - b. Performance (Behavior Skills- STC)

Supplemental Data:

TOP Code:	210500- Administration of Justice
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SAM Priority Code:	C: Clearly Occupational
Funding Agency:	Y: Not Applicable
Program Status:	2: Stand alone
Noncredit Category:	Y: Not Applicable
Special Class Status:	N: Course is not a special class
Basic Skills Status:	N: Not Applicable
Prior to College Level:	Y: Not Applicable
Cooperative Work Experience:	N: Course is not a part of a cooperative education program
Eligible for Credit by Exam:	no
Eligible for Pass/No Pass:	Yes