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Early Care, Education and Family Studies (ECEF)1653 Discipline Techniques for Preschool Children (1Unit) CSU

[formerly Early Childhood Education 1653; Early Childhood Education 18C]

Advisory: Eligibility for English 1000 and Reading 1005 strongly recommended

Total Hours: 16 hours lecture

Catalog Description: This course is designed to assist Family Child Care Providers and teachers in a children's center convert children's conflicts to positive feelings, transform classroom disputes, help develop empathy toward peers, demonstrate effective approaches and responses, and assess classroom environments, sensitive to both culture and diverse abilities.

Type of Class/Course: Degree Credit

Textbook: Essa, Eva. What to Do When: Practical Guidance for Challenging Behaviors in the

Preschool. 6th Edition. Thomson Delmar Learning, 2008.

Cherry, Clare. Please Don't Sit On The Kids Alternatives to Punitive Discipline.

Belmont, CA: Fearon Pittman Publishers, Inc., 1983.

Course Objectives:

By the end of the course, a successful student will be able to:

- 1. understand and divert conflicts among young children,
- 2. assist children in developing "other esteem" or empathy toward each other,
- 3. develop skills for assessing relationships,
- 4. understand that conflicts are learning opportunities,
- 5. demonstrate responses, transformations and re-direction techniques, and
- 6. demonstrate awareness for all special needs.

Course Scope and Content

Unit I It's High Time...Conflicts Intervention

Unit II It's Mine...Possession Disputes

Unit III Look at Me...Attention Getting

Unit IV Who's in Charge...Power Struggles

Unit V I Don't Like You...Personality Clashes

Unit VI Why Won't You Let Me...Access Struggles



Unit VII Bang, Bang, You're Dead...Aggressive Dramatic Play

Unit VIII Don't Call Me Stupid...Name-Calling Conflicts

Unit IX It's Not My Fault...Blaming Conflicts

Unit X It Works...End Results

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 1 hour per week outside of the regular class time doing the following:

- 1. Designing and using activities from the workbooks
- 2. Completing required reading
- 3. Writing in their journals

Methods of Instruction:

- 1. Films or videos when available
- 2. Workshops
- 3. Visiting specialists
- 4. Class presentations
- 5. Readings and evaluations
- 6. Peer interactions and problem solving

Methods of Evaluation:

- 1. Written assignments, including
 - a. journal entries
 - b. self-assessment inventory on class presentations
- 2. Skill demonstrations, including
 - a. presentations
- 3. Other examinations, including
 - a. essay
 - b. oral