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Industrial Education Safety (IES) 1051 OSHA's Ergonomics Guidelines for Nursing Homes O 7000 (.5 Unit)

[formerly Industrial Education Safety 51]

Prerequisite: None

Total Hours: 8 hours lecture

Catalog Description: The focus of this one-day course is to use OSHA's Ergonomics Guidelines for Nursing Homes to develop a process to protect workers in nursing homes. The course will focus on analyzing and identifying ergonomic problems jobs and practical solutions to address these problems. Featured topics include: developing an ergonomics process; risk factors in the nursing home guidelines; identifying problem jobs including protocols for resident assessment; and implementing solutions including work practices and engineering solutions. This course is offered on a Pass/No Pass basis with the option to receive a letter grade.

Type of Class/Course: Degree Credit

Textbook: OSHA Training Institute. *OSHA's Ergonomics Guidelines for Nursing Homes.*

Additional Required Instructional Materials: None

Course Objectives:

By the end of the course, a successful student will be able to

1. describe how to apply OSHA's Ergonomics Guidelines for Nursing Homes in developing a process to protect nursing home workers,
2. discuss the benefits of implementing an ergonomics process,
3. identify and analyze ergonomic problem jobs in nursing homes, and
4. recognize practical solutions to address ergonomic problem jobs.

Course Scope and Content:

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| Unit I   | OSHA's Focus in Nursing Homes                  |
| Unit II  | Developing an Effective Ergonomics Process     |
| Unit III | Benefits of Implementing an Ergonomics Process |
| Unit IV  | Risk Factors in the Nursing Home Guidelines    |
| Unit V   | Identifying Problem Jobs                       |
| Unit VI  | Implementing Solutions                         |

Learning Activities Required Outside of Class: None



Methods of Instruction:

1. Lecture
2. Group exercises in class

Methods of Evaluation:

1. Written final exam