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Independent Living Skills (ILS) 0010 Personal Advocacy Level 1(0 Units)

Prerequisite: Acceptance into the Transition to Independent Living Program

Total Hours: 16 hours lecture

Catalog Description: This course focuses on increasing awareness of rights and responsibilities of adults. An historical overview of societal perspectives of persons with disabilities, the civil rights era, and key legislation are included. Requirements of Individual Program Plan (IPP) will be examined, and how to prepare for an IPP meeting will be learned.

Type of Class/Course: Non Credit

Text: Department of Developmental Services. *A Consumer's Guide to the Lanterman Act*. Sacramento, CA: DDS, 2000. Print.

Additional Required Materials:

Videos, DDS Forms, voter registration forms

CA Department of Developmental Services, *Individual Program Plan Resource Manual*, Sacramento, CA: DDS, 1995.

Course Objectives:

By the end of the course, a successful student will be able to

1. explain basic rights and responsibilities of adults with developmental disabilities,
2. provide examples of self-advocacy,
3. identify influential individuals and groups in the advocacy movement,
4. explain societal perspectives regarding persons with disabilities and how they have changed,
5. identify leaders of the civil rights era and their approach to advocacy,
6. explain the key components of the Lanterman Act,
7. complete a voter registration form and vote, and
8. prepare for and actively participate in an IPP meeting.

Course Scope, Content, and Learning Outcomes:

Unit I Rights and Individual Responsibilities

Learning Outcomes	Assessment
Understand and utilize knowledge of:	In class exercises, homework, exams
A. Bill of Rights	In class exercises, homework, exams
B. Rights of the Developmentally Disabled	In class exercises, homework, exams

C. Individual Responsibilities	In class exercises, homework, exams
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Unit II Voting

Learning Outcomes	Assessment
Understand and utilize knowledge of:	
A. Voting requirements	In class exercises, homework, exams
B. Voter registration	In class exercises, homework, exams
C. Voting process	In class exercises, homework, exams

Unit III Historical Perspectives

Learning Outcomes	Assessment
Understand and utilize knowledge of:	
A. Historical and current perspectives of persons with developmental disabilities	In class exercises, homework, exams
B. Civil Rights Movement	In class exercises, homework, exams
C. Advocacy Movement	In class exercises, homework, exams

Unit IV Legislation

Learning Outcomes	Assessment
Understand and utilize knowledge of:	
A. The Rehabilitation Act, IDEA, ADA	In class exercises, homework, exams
B. The Lanterman Act	In class exercises, homework, exams
C. Services mandated by the Lanterman Act.	In class exercises, homework, exams

Unit V The Individual Program Plan (IPP)

Learning Outcomes	Assessment
Understand and utilize knowledge of:	
A. The IPP	In class exercises, homework, exams
B. Planning for the IPP Meeting	In class exercises, homework, exams
C. Participation in the IPP Meeting	In class exercises, homework, exams
D. Amending the IPP	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 2 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises from textbook/workbook
2. Lecture
3. Group work



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4. Discussion
5. Individual conference
6. Role play

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Exams
6. Midterm and final