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Independent Living Skills (ILS) 0012 Personal Advocacy Level 3 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0011

Prerequisite knowledge and skills: Before entering the course the student should be able to

1. explain how self-determination enhances his/her quality of life,
2. establish short and long-term goals,
3. utilize a basic problem-solving process and transfer skills to everyday life,
4. utilize a basic decision-making process and transfer skills to everyday life, and
5. utilize a basic negotiation process and transfer it to real situations.

Total Hours: 16 hours lecture

Catalog Description: This course focuses on developing public speaking skills as well as building solid communication skills. Communication skills, public speaking and debate skills will be explored.

Type of Class/Course: Non Credit

Texts: None

Additional Required Materials:

Videos

Meany and Shuster, *Speak Out*, NY, 2005. POP (Problem Solving Plans)

Shared Interest Negotiation Plan (Adapted from the TC Faculty Negotiation Process)

Course Objectives:

By the end of the course, a successful student will be able to

1. identify different types of communication,
2. identify bridges and barriers to communication,
3. state an opinion in a logical manner,
4. disagree in a non-confrontational manner,
5. organize and present a speech, and
6. understand the basics of debate.

Course Scope, Content, and Student Learning Outcomes:

Unit I Receptive and Expressive Communication

Learning Outcomes	Assessment
Understand and utilize:	
A. Types of communication	In class exercises, homework, exams

B. Bridges and barriers to effective communication	In class exercises, homework, exams
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Unit II Pro-Active Communication Skills

Learning Outcomes	Assessment
Understand and utilize:	
A. Informed decisions	In class exercises, homework, exams
A. Non-confrontational strategies to disagree	In class exercises, homework, exams

Unit III Public Speaking

Learning Outcomes	Assessment
Understand and utilize:	
A. Key elements of public speaking	In class exercises, homework, exams
B. Speech Preparation skills	In class exercises, homework, exams
C. Effective presentation skills	In class exercises, homework, exams

Unit IV Debating

Learning Outcomes	Assessment
Understand and utilize:	
A. Key elements of debating	In class exercises, homework, exams
B. Debate preparation skills	In class exercises, homework, exams
C. Effective debate skills	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 2 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises from textbook/workbook
2. Lecture
3. Group work
4. Discussion
5. Individual conference
6. Role play

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes & exams

4. Oral evaluations