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Independent Living Skills (ILS) 0018 Interpersonal Relationships Level 4 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0017

Prerequisite knowledge and skills: Before entering the course, the student should be able to

1. understand gender roles—nature vs. nurture: differences,
2. explore why men are from mars, women are from venus,
3. explain love bank and love units,
4. identify important emotional needs—personal pyramid of emotional needs,
5. analyze love busters using “Married . . . With Children”,
6. understand the parable of the net and the policy of joint agreement,
7. explain the giver and the taker,
8. identify the 4 rules for a successful marriage,
9. understand how affairs begin,
10. understand how should affairs end,
11. identify how to restore relationship after an affair
12. identify the four rules on relationship restoration,
13. discuss raising children,
14. explore financial planning: the importance of budgeting and control in relationships, and
15. recognize issues of control and independence.

Total Hours: 16 hours lecture

Catalog Description: This course focuses on the reality of parenthood. The course covers the financial, time, nurturing, educational, and medical responsibilities of having a child. The course examines ethical issues of parents with disabilities having children and the challenges of parents who have developmental disabilities. Facts regarding genetically passed disabilities, disabilities that do not increase the risk of a child having a disability, as well as child-bearing issues for mothers having physical disabilities will be researched in class. Resources and supports for developmentally disabled parents will also be discussed.

Type of Class/Course: Non Credit

Texts: None:

Additional Required Materials:

Kempton, Winifred. *Life Horizons Sex Education for Persons with Special Needs*. Santa Barbara, 2001. Print.

Youth Development Program, *Life Planning Education*, Washington DC, 2005. Print.

Clarke, Harriet, and Richard Olsen. *Parenting and Disability*. Bristol, UK: The Policy Press, 2003. Print.

Course Objectives:

By the end of the course, a successful student will be able to

1. discuss the importance of the husband and wife mutually agreeing to have a child,
2. explain financial responsibilities of being a parent,
3. explain the time parents must devote to their children,
4. explain the emotional support necessary from parents,
5. explain the educational support necessary from parents,
6. explain the ongoing health issues that arise in children,
7. discuss his/her personal perspective regarding parents with disabilities having children,
8. discuss the facts regarding genetic disabilities ,
9. explain that some disabilities do not increase the risk of a child having a disability,
10. discuss challenges of parents with disabilities,
11. discuss child-bearing issues related to some disabilities, and
12. identify resources for parents with disabilities.

Course Scope, Content, and Learning Outcomes:

Unit I The Realities of Parenting

Learning Outcomes	Assessment
Understand and utilize:	
A. Significance of mutual decision regarding having children	In class exercises, homework, exams
B. Knowledge of financial support children require	In class exercises, homework, exams
C. Knowledge of time raising children requires from parents	In class exercises, homework, exams
D. Knowledge of the emotional support that children require from parents	In class exercises, homework, exams
E. Knowledge of educational support that children require	In class exercises, homework, exams
F. Knowledge of ongoing health issues that arise in children	In class exercises, homework, exams
G. Personal perspectives regarding parents with disabilities having children	In class exercises, homework, exams

Unit II Risks and Challenges of Parents with Disabilities

Learning Outcomes	Assessment
Understand and utilize:	
A. Facts regarding the genetic risks of having children with a disability	In class exercises, homework, exams
B. Knowledge of disabilities that do not	In class exercises, homework, exams

increase the risks of having a child with a disability	
C. Knowledge of physical risks of childbirth with specific disabilities	In class exercises, homework, exams
D. Resources available to parents with disabilities	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 2 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises from textbook/workbook
2. Lecture
3. Group work
4. Discussion
5. Individual conference

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Exams
6. Midterm and final