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Independent Living Skills (ILS) 0041 Community Transition Level 2 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0040

Prerequisite knowledge and skills: Before entering the course, a student should be able to

1. identify transition areas and transition goals,
2. make an action plan to reach the goals,
3. identify transition needs,
4. identify Transition Team Members,
5. analyze resources,
6. identify characteristics that describe himself/herself,
7. evaluate self-esteem growth,
8. select roommates and recognizing their characteristics,
9. identify affordable housing,
10. assess progress, and
11. build a Transition Portfolio.

Total Hours: 16 hours lecture; 16 hours lab (32 hours total)

Catalog Description: This second transition course focuses the skills, goals, and choices needed for a full life in the new transition community. Lessons focus on identifying things people do well, developing a resume of personal success, identifying a Circle of Support and identifying local community agencies. In addition, a Transition Portfolio will be further developed. Activities include class discussions, simple interviews with classmates, and completions of handouts, checklists, and worksheets. Lab time is spent in the student's transition community. The learning sites become places of business in the transition community: banks, stores, public transportation, apartments, housing authorities, restaurants, etc. In addition to the community experiences, meetings with Circle of Support People to continue the transition planning process to the new community will be conducted.

Type of Class/Course: Non Credit

Texts: None

Additional Required Materials:

Fulton, Louise and Rebecca Silva. *The Transitions Curriculum*. Santa Barbara, CA: Stanfield Company, 1998. Print.

Course Objectives:

By the end of the course, a successful student will be able to

1. identify dreams for the future,
2. identify things he/she does well,
3. develop a resume describing personal successes,
4. use newspaper as a community resource,
5. practice working with the telephone book,
6. identify and locate community a Support System,
7. identify Circle of Support People,
8. identify transportation resources,
9. identify roles and responsibilities of Transition Team Members,
10. assess progress, and
11. build Transition Portfolio.

Course Scope, Content, and Student Learning Outcomes:

Unit I Transition Skills

Learning Outcomes	Assessment
Express dreams and relate them to a possible future career	In class exercises, homework, exams
Learn to recognize, identify and justify strengths	In class exercises, homework, exams
Learn to find community events in newspaper	In class exercises, homework, exams
Learn how to find important information in the telephone book	In class exercises, homework, exams
Learn about personal and community people in a Circle of Support system	In class exercises, homework, exams
Learn about transportation needs	In class exercises, homework, exams
Learn about roles and responsibilities of Circle of Support People	In class exercises, homework, exams
Learn about Transition Team Members	In class exercises, homework, exams
Complete assessment and review progress for transition	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 4 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

Assigned exercises from textbook/workbook

1. Lecture
2. Lab



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3. Group work
4. Discussion
5. Individual conference

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Exams
6. Midterm and final