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Independent Living Skills (ILS) 0042 Community Transition Level 3 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0041

Prerequisite knowledge and skills: Before entering the course, the student should be able to

1. identify dreams for the future,
2. identify things he/she does well,
3. develop a resume describing personal successes,
4. use newspaper as a community resource,
5. practice working with the telephone book,
6. identify and locate community a Support System,
7. identify Circle of Support People,
8. identify transportation resources,
9. identify roles and responsibilities of Transition Team Members,
10. assess progress, and
11. build a Transition Portfolio.

Total Hours: 16 hours total; 16 hours lab (32 hours total)

Catalog Description: The third transition course focuses on empowering skills, goals, and choices needed for a full life in a new transition community. Lessons focus on planning leisure activities on a budget and finding a place to live that matches a budget. In addition, students will assess their progress and further develop their Transition Portfolio. Activities include class discussions, simple interviews with classmates, and completions of handouts, checklists, and worksheets. This course has lab time that is spent in the student's transition community. The learning sites become the places of business in the transition community: banks, stores, public transportation, apartments, housing authorities, restaurants, etc. In addition to the community experiences, students will continue to conduct meetings with their Circle of Support People to continue the transition planning process to the new community.

Type of Class/Course: Non Credit

Texts: None

Additional Required Materials:

Fulton, Louise and Rebecca Silva. *The Transitions Curriculum*. Santa Barbara, CA: Stanfield Company, 1998. Print.

Course Objectives:

By the end of the course, a successful student will be able to

1. identify a personal fitness plan,
2. identify individual and group free-time activities,
3. identify leisure activities that fit a budget,
4. practice time management techniques,
5. identify career information,
6. identify places to live that matches a budget,
7. learn about legal rights and responsibilities,
8. learn about the tax system,
9. assess progress, and
10. build a Transition Portfolio.

Course Scope, Content, and Student Learning Outcomes:

Unit I Transition Skills

Learning Outcomes	Assessment
Decide on a fitness goal based on preferences	In class exercises, homework, exams
Learn about individual or group activities	In class exercises, homework, exams
Learn to choose activities that are affordable	In class exercises, homework, exams
Learn steps to managing time	In class exercises, homework, exams
Learn to organize information to support a career decision	In class exercises, homework, exams
Express dreams and relate them to a possible future career	In class exercises, homework, exams
Based on a budget, identify a type of housing and complete a rental application	In class exercises, homework, exams
Develop an understanding of the law	In class exercises, homework, exams
Learn about taxes	In class exercises, homework, exams
Complete assessment and review progress for transition	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 4 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises from textbook/workbook
2. Lecture
3. Lab
4. Group work
5. Discussion

6. Individual conference
Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Exams
6. Midterm and final