

Prepared by: J. Marcell
Reviewed by: J. Ross
Reviewed by: P. Bench
Reviewed by: S. Popejoy
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Independent Living Skills (ILS) 0043 Community Transition Level 4 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0042

Prerequisite knowledge and skills: Before entering the course, the student should be able to

1. identify a personal fitness plan,
2. identify individual and group free-time activities,
3. identify leisure activities that fit a budget,
4. practice time management techniques,
5. identify career information,
6. identify places to live that matches a budget,
7. learn about legal rights and responsibilities,
8. learn about the tax system,
9. assess progress, and
10. build a Transition Portfolio.

Total Class Hours: 16 hours lecture; 16 hours lab (32 hours total)

Catalog Description: This course focuses on identifying steps for a successful transition meeting, practicing leading a Transition Meeting, learning to set up and budget utilities, practicing making choices to furnish an apartment and identifying safety issues in a new home and community. Progress and further development of the Transition Portfolio will be assessed. Activities include class discussions, simple interviews with classmates, and completions of handouts, checklists, and worksheets. This course has lab time that is spent in the student's transition community. The learning sites become the places of business in the transition community: banks, stores, public transportation, apartments, housing authorities, restaurants, etc.

Type of Class/Course: Non Credit

Texts: None

Additional Required Materials:

Fulton, Louise and Rebecca Silva. *The Transitions Curriculum*. Santa Barbara, CA:Stanfield Company, 1998. Print.

Course Objectives:

By the end of the course, a successful student will be able to

1. identify steps for a successful Transition Meeting,



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2. practice leading a Transition Meeting,
3. identify how to set up and budget utilities,
4. practice making choices about furnishing an apartment,
5. identify safety issues in new home and community,
6. identify the value and meaning of volunteering,
7. identify ways to make a good first impression,
8. practice interview skills,
9. identify job leads,
10. assess progress, and
11. build a Transition Portfolio.

Course Scope, Content, and Student Learning Outcomes:

Unit I Transition Skills

Learning Outcomes	Assessment
Learn steps to having a successful transition meeting	In class exercises, homework, exams
Learn how to give a transition meeting	In class exercises, homework, exams
Practice setting up and conserving utilities	In class exercises, homework, exams
Learn to budget and select home furnishings	In class exercises, homework, exams
Learn to navigate safely in a new home and community	In class exercises, homework, exams
Learn the benefits of volunteering	In class exercises, homework, exams
Learn how to make a good in an interview	In class exercises, homework, exams
Practice interview skills	In class exercises, homework, exams
Develop job leads	In class exercises, homework, exams
Complete assessment and review progress for transition	In class exercises, homework, exams

Learning Activities Required Outside of Class:

The students will spend a minimum of 4 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises from textbook/workbook
2. Lecture
3. Lab
4. Group work
5. Discussion
6. Individual conference

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Exams
6. Midterm and final