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 Date revised: May 10, 2010  
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 Board approved: March 12, 2009

Independent Living Skills (ILS) 0070 Travel and Safety Level 3 (0 Units)

Prerequisite: Acceptance into the Transition to Independent Living Program

Total Hours: 16 hours lecture; 16 hours lab (32 hours total)

Catalog Description: This course is designed to introduce students to the public transportation system. Students learn to read maps and schedules of various public transportation systems. Students apply skills developed in earlier courses such as planning, budgeting, socialization, and personal safety.

Type of Class/Course: Non Credit

Texts: none

Additional Required Materials: Handouts, Transit Schedules, Maps

Course Objectives:

By the end of the course, a successful student will be able to

1. read and follow a Kern Regional Transit schedule,
2. access California Amtrak route information,
3. read and follow a Golden Empire Transit route & schedule,
4. Determine a destination for the Travel 2 class,
5. begin the budgeting process for the sophomore trip,
6. demonstrate the ability to plan, budget for and take 2 short trips with minimal guidance and direction, and
7. travel safely.

Course Scope, Content, and Student Learning Outcomes:

Unit I Introduction to Public Transportation

Learning Outcomes	Assessment
A. Read and use public transit maps and schedules	In class exercise, homework, quizzes
B. Research local travel destinations	In class exercise, homework, quizzes
C. Utilize Travel Budget	In class exercise, homework, quizzes
D. Utilize Transit Systems accurately	In class exercise, homework, quizzes
E. Assisted supervised travel	In class exercise, homework, quizzes
F. Identify and use proper etiquette while traveling	In class exercise, homework, quizzes
G. Identify and practice safety while traveling	In class exercise, homework, quizzes

Unit II            Planning Your Trip

Learning Outcomes	Assessment
D. Develop trip plans for winter break	In class exercise, homework, quizzes
E. Utilize transit systems accurately	In class exercise, homework, quizzes
F. Supervised travel	In class exercise, homework, quizzes
G. Identify and use etiquette while traveling	In class exercise, homework, quizzes
H. Identify and practice safety while traveling	In class exercise, homework, quizzes

Learning Activities Required Outside of Class:

The students will spend a minimum of 4 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instructions:

1. Assigned exercises
2. Lecture
3. Lab
4. Group work
5. Discussion
6. Individual conference

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Practical exams