



Prepared by: M. Halford
Revised by: S. Poejjoy
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Reviewed by: J. Ross
Reviewed by: S. Popejoy
Reviewed by: P. Bench
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Independent Living Skills (ILS) 0071 Travel and Safety Level 4 (0 Units)

Prerequisite: Successful completion in Independent Living Skills 0070

Prerequisite knowledge and skills: Before entering the class, the student should be able to

1. read and follow a Kern Regional Transit schedule,
2. access California Amtrak route information
3. read and follow a Golden Empire Transit route & schedule
4. determine a destination for the Travel 2 class
5. begin the budgeting process for the sophomore trip
6. demonstrate the ability to plan, budget for and take 2 short trips with minimal guidance and direction, and
7. safely travel.

Total Hours: 16 hours lecture; 16 hours lab (32 hours total)

Catalog Description: This course is designed for students to plan, budget for and travel safely to an out of town destination to include an overnight stay. Planning for hotel accommodations and safely executing a trip will be accomplished. Public transportation will be used. This course integrates the coursework from previous and current courses including: planning, budgeting, socialization, personal safety and reality to augment coursework and generalize those skills to the real world environment.

Type of Class/Course: Non Credit

Texts: None

Additional Required Materials: Handouts, Transit Schedules, Maps, Computer, Internet Travel Sites,

Travel Brochures

Course Objectives:

By the end of the course, a successful student will be able to

1. plan an out of town trip from start to finish,
2. use public transportation independently, safely and responsibly,
3. utilize travel budget,
4. utilize the internet to research destinations and hotel accommodations,
5. pack appropriately for a trip/vacation,
6. develop an itinerary for a trip, and
7. safely travel.

Course Scope, Content, and Student Learning Outcomes:

Unit I Planning and Arranging for the Trip

Learning Outcomes	Assessment
A. Read and use public transit maps and schedules	In class exercise, homework, quizzes
B. Research travel destinations	In class exercise, homework, quizzes
C. Utilize travel budget	In class exercise, homework, quizzes
D. Research hotels	In class exercise, homework, quizzes
E. Book hotels	In class exercise, homework, quizzes
F. Develop trip plans for spring break	In class exercise, homework, quizzes
G. Purchase event tickets	In class exercise, homework, quizzes
H. Utilize transit systems accurately	In class exercise, homework, quizzes
I. Travel under supervision	In class exercise, homework, quizzes
J. Review etiquette while traveling	In class exercise, homework, quizzes
K. Review Safety while traveling	In class exercise, homework, quizzes

Unit II Executing the Trip

Learning Outcomes	Assessment
D. Utilize transit systems accurately	In class exercise, homework, quizzes
E. Purchase Amtrak tickets	In class exercise, homework, quizzes
F. Develop itinerary for trip	In class exercise, homework, quizzes
G. Pack for travel trip	In class exercise, homework, quizzes
H. Travel on Amtrak	In class exercise, homework, quizzes
I. Supported travel	In class exercise, homework, quizzes
J. Use appropriate Etiquette while traveling	In class exercise, homework, quizzes
K. Practice safety while traveling	In class exercise, homework, quizzes

Learning Activities Required Outside of Class:

The students will spend a minimum of 4 hours per week outside of their regular class time doing the following:

1. Studying
2. Completing homework exercises

Methods of Instruction:

1. Assigned exercises
2. Lecture
3. Lab
4. Group work
5. Discussion

6. Individual conference

Methods of Evaluation:

1. Class participation
2. Written homework
3. Quizzes
4. Oral evaluations
5. Practical exams