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Semester Effective: Spring 2015

Recreation (RECR) 1516 Outdoor Recreation (3 Units) CSU
[Formerly Recreation 16]

Advisory: Eligibility for English 1500 strongly recommended

Total Hours: 48 hours lecture

Catalog Description: History, development, principles and trends of organized camping, nature and conservation, and outdoor recreation are presented in this course. Field trips, including camping and hiking activities, practical skills in firecraft, outdoor cooking, backpacking, and leadership training in camp counseling are included in this course. Fieldtrips are required.

Text: Harrison, G. *Outdoor Program Administration: Principles and Practices*. Champaign: Sheridan, 2012. Print

Additional Text (Optional): Olsen, Larry D. *Outdoor Survival Skills*. Provo: Brigham Young UP, 1976. Print.

Type of Class/Course: Degree Credit

Additional Instructional Materials: None

Course Objectives:

By the end of this course, a successful student will be able to:

1. describe the three service sectors of outdoor recreation programs,
2. compare historic recreation with outdoor recreation today,
3. identify risks and create a risk management plan,
4. compare and contrast key design elements in outdoor recreation programs,
5. demonstrate practical skills in campcraft, and
6. analyze components in a well structured outdoor recreation program from a business perspective

Course Scope and Content:

- Unit I Outdoor Recreation in American Life
- A. Definition of outdoor recreation
 - B. The need for outdoor recreation
 - C. Scope of outdoor recreation
 1. sightseeing and touring
 2. picnicking, outings, cookouts

3. hiking, mountain climbing, hosteling, horseback riding
4. hunting and fishing
5. camping
 - a. organized
 - b. family
 - c. day
6. nature recreation
7. historical and archeological interests
8. winter sports
9. water related recreation
10. motorized vehicles
- D. Extent of outdoor recreation
 1. commercial outdoor recreation
 2. agencies concerned with outdoor recreation
 - a. municipal
 - b. state
 - c. federal
 - d. county
 - e. voluntary organizations
 - f. private organizations
- E. Values of outdoor recreation program

Unit II Background of Outdoor Recreation in the United States

- A. The American Indian
- B. Exploration and the Colonial Period
- C. The 10th century and westward expansion
 1. characteristics influencing recreation
 2. exploration of natural resources
 3. disappearance of land
 4. growth of the cities
 5. rise of social problems
- D. Rise of State Parks
- E. Development of National Parks
- F. Beginning of camping movement
- G. Growth of outdoor recreation programs

Unit III Organized Camping

- A. Growth and extent of organized camping in the United States
- B. Values and objectives of camping
- C. Types of camps
 1. in terms of sponsorship
 - a. private
 - b. organization
 - c. public
 - d. school
 - e. church
 - f. others
 2. in terms of groups served

- a. youth
- b. family
- c. adult
- d. special groups
- 3. in terms of duration
 - a. resident camp
 - b. day camp
 - c. short term and overnight camp
- D. Camping as part of the community recreation program
 - 1. resident, family and day camps sponsored by public authorities
 - 2. camping programs of community agencies
- E. State and federal assistance to the camping movement
- F. The American Camping Association
 - 1. professional leadership
 - 2. emphasis on standards
 - 3. camping trends
 - a. decentralization
 - b. motivation
 - c. leadership
 - d. others
- G. Day camping
- H. The skills of counseling

Unit IV Outdoor Recreation Skills

- A. Toolcraft
 - 1. use of knife, axe, hatchet and saw
 - 2. maintenance of tools
- B. Firecraft
 - 1. use of knife, axe, hatchet and saw
 - 2. campfires
- C. Camp cookery
- D. Ropecraft
- E. Orienteering
- F. Wilderness survival
- G. Tents and shelters
- H. Camp sanitation
- I. Backpacking
 - 1. equipment available
 - 2. planning
 - 3. health and safety

Unit V Nature Education

- A. Orientation to nature education
- B. Weather
- C. Nature trails
- D. Astronomy
- E. Rocks and soil

- F. Plants
- G. Animals

Unit VI Conservation and Outdoor Recreation

- A. Dependence of outdoor recreation upon natural resources
- B. The meaning of terms
 - 1. conservation
 - 2. preservation
- C. Problems of conservation for recreation
- D. Approaches to conservation
 - 1. land reserves
 - 2. legal restrictions
 - 3. improvement of resources management
 - 4. education

Unit VII School Camping and Outdoor Education

- A. Present status
- B. The increase in school camping and outdoor education
- C. Objectives in school outdoor education programs
- D. Problems in development of outdoor education programs
- E. Areas of experience in outdoor education

Unit VIII Design Outdoor Recreation Programs

- A. Administrative Risk Management
- B. Legal Considerations
- C. Budget and Financial Considerations
- D. Marketing
- E. Policy Making
- F. Staffing

Unit IX What the Future Holds

- A. Outdoor recreation trends
- B. Outdoor recreation problems
- C. Need for new facilities
- D. Need for education
- E. The federal and state role

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 6 hours per week outside of the regular class time doing the following:

- 1. Studying
- 2. Answering questions
- 3. Skill practice
- 4. Completing required reading



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5. Problem solving activity or exercise
6. Observation of or participation in an activity related to course content

Methods of Instruction:

1. Lecture
2. Directed Discussion
3. Multimedia Presentation
4. Field Trips

Methods of Evaluation:

1. Substantial writing assignments, including:
 - a. essay exams
 - b. reports
2. Computational or non-computational problem-solving demonstrations, including:
 - a. exams
 - b. homework problems
 - c. field work
3. Skill demonstrations, including:
 - a. class performances
 - b. performance exams
 - c. camping skills on field trip
4. Other examinations, including:
 - a. multiple choice
 - b. matching items
 - c. true/false items
 - d. completion